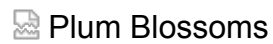


Welcome to Plum Blossom Sangha



Plum Blossom Sangha is a lay Buddhist community in Austin, Texas that practices mindfulness primarily through following the teachings of the Ven. **Thich Nhat Hanh**. We provide a resource to the community for the study and practice of Socially Engaged Buddhism.

We meet every Sunday night for weekly meditation and discussion from 6-8 p.m. in the back yoga studio of The Austin Yoga School, 1122 South Lamar Blvd. You are welcome to join us! Blankets and sitting cushions are available for your use.

All persons are welcome in this community, regardless of race, ethnic origin, religious practice or sexual orientation.

Retreat 2006

In the tradition of Thich Nhat Hanh
All are welcome!

Dwelling Happily in the Present Moment

A Residential Mindfulness Retreat with Br. Chan Huy

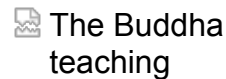
Sponsored by Plum Blossom Sangha

February 17-19, 2006
[McKinney Roughs Nature Park](#)
Bastrop, Texas

This retreat will be a wonderful opportunity for us to slow down, relax, rejuvenate and connect with our deepest

source of inspiration and insight. We will practice mindful breathing, walking and eating while observing noble silence - in a spirit of togetherness to grow our peace, calm and joy for our loved ones, our world and ourselves. We will practice deep looking into the situation of our society today and learn to respond with understanding and compassion. The retreat will be conducted in the tranquil setting of the McKinney Roughs Nature Park, a short drive east of Austin, Texas.

Br. Chan Huy, True Radiance comes from a family with four generations of Thich Nhat Hanh's students, from his grandmother to his two children. Chan Huy teaches and leads mindfulness retreats throughout North America. He was ordained by Thich Nhat Hanh.

Registration Information:

Tuition: Dormitory Rooms
Only
Singles - \$160
Couples - \$275
Children 18 and under - \$50

Scholarships are available.

Minimum Nonrefundable
Deposit: \$75.00

[Register On-line for the
Retreat](#)

For additional registration information:
rhonda@plumblossomsangha.org

"What is most important is to find peace and to share it
with others."

- Thich Nhat Hanh