

Registration Form - Thursday Evening

Thursday 19:00 - 20:30 (Open at 18:45)

- Guided sitting meditation
- Walking meditation
- Mindful movements
- Silent guided meditation
- Reading and sharing

Please complete the form below in order to receive the Zoom login link and authorize us to send you emails.

NB: This link is for your personal use. We ask you not to share / post it without our permission. It is also possible to participate by phone.

Gender *

F

M

First Name *

Name *

Email *

ATTENTION: A WRONG EMAIL MIGHT NOT GET AN ANSWER.

Contact information

Address *

City *

Province

Quebec

Country *

Canada

Postal Code *

Phone *

Did you already practice meditation with us ? *

Yes

No

Do you know Thich Nhat Hanh Practice? *

Yes, quite well

A little

No

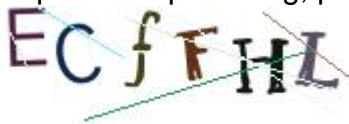
Profession *

Year of birth

Message

CAPTCHA

To prevent spamming, please answer the following question.



What code is in the image? *

Enter the characters shown in the image.

Submit

MPC & MIAM, 6000 Côte-des-Neiges, Suite 110-115, Montreal, Qc, H3S 1Z8
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